

Victoria Club Tread Day Hike Rating System

The following legend describes the criteria we use for rating our day hikes. We also have developed rating systems for cycle touring and walks. Other activities are not rated.

Day hikes are rated using three factors, distance, elevation gain and trail conditions. The trail conditions are for when the trail is in good condition, weather and other variable factors are not taken into account.

Rating



Description

1 Boot: Easy hike. Suitable for most people. Typically: easy climbs (100m), easy grades, short distances, (less than 5 km), good trail conditions, 1 - 3 hours hiking.



2 Boot: Average hike. Suitable for most hikers. Typically: moderate climbs (up to 400m), moderate grades, moderate distances (up to 10 km), average trail conditions, 2 - 5 hours hiking.



3 Boot: Intermediate hike. Suitable for fitter hikers. Typically: harder climbs (up to 600m), steeper grades, longer distances (up to 15 km), rugged trail conditions.



4 Boot: Strenuous hike. For the more adventurous. May contain: steep, high climbs, long distances, or poor trail conditions.

NOTE: These descriptions are SUBJECTIVE GUIDELINES ONLY and are based on the overall conditions and exertion level.

The conditions described are only typical and may not apply exactly for a particular hike.

Non-members should try easier hikes first, in order to become more familiar with the ratings.

Please contact trip coordinators for more information about the conditions on an event.